

## Client Item Needs List

### HYGIENE PRODUCTS:

*New Only*

Toiletries for women, teens, and children  
Deodorant, soap, shampoo, conditioner  
Feminine hygiene products (tampons and pads)  
Shaving Cream and razor blades

### FOOD:

Tuna	Pasta, pasta sauce
Rice (all sorts)	Mac-n-cheese
Cooking Oil	Flour (all sorts/gluten free)
Porridge/Cereal	Canned fruits/ canned veggies

### BABY/TODDLER:

Baby Toiletries (shampoo, body wash, creams)  
Diapers (newborn to size 6)/ Pull-ups (all sizes)  
Baby food, baby formula, cereal

### HOUSEWARES:

*New Only*

Toaster, kettle, microwaves, toaster oven  
Pots and pans (individual and sets)  
Spring loaded adjustable curtain rods & curtains  
Towels & shower curtains  
Dish sets & Cutlery – Drinking cup sets  
Bed in a bag (adult, child & youth)  
Bedsheet sets (double & queen) kids sets  
Tupperware sets  
Grocery carts (on wheels/can fold)  
Electronic Tablets

### GIFT CARDS:

**Examples: PC Grocery, Walmart, Shoppers Drug Mart, VISA**

These are especially important because they enable us to purchase items during high-need times and to share with families when they move into their new homes. They also enable women and children to purchase clothing and shoes in their own sizes.

### TRANSPORTATION:

**TTC Tokens & loaded Presto cards**

These are important because they afford clients the opportunity and freedom to access transit services, so they can travel to: legal appointments, housing appointments, children's schools, grocery stores, and more.