



# BRAMS UNITED GIRLS SOCCER CLUB

## 2020 House League Outdoor Season

### Tentative Days of Play

DIVISON	BIRTH YEAR	GAME DAY	TIME	SEASON LENGTH	HL COST	EARLY BIRD DISCOUNT <small>(BEFORE MARCH 6, 2020)</small>
U4/U5	2016/2015	Wednesday	6:30PM	10 Weeks	\$190	\$160
U6	2014	Wednesday	7:15PM	10 Weeks	\$190	\$160
U7	2013	Thursday	6:30PM	14 Weeks	\$250	\$220
U8	2012	Thursday	7:30PM	14 Weeks	\$250	\$220
U9	2011	Thursday	6:30PM	14 Weeks	\$270	\$240
U10	2010	Thursday	7:30PM	14 Weeks	\$270	\$240
U11	2009	Tuesday	6:30PM	14 Weeks	\$280	\$250
U12	2008	Tuesday	7:30PM	14 Weeks	\$280	\$260
U13	2007	Monday	6:30PM	14 Weeks	\$290	\$260
U14/U15	2006-2005	Wednesday	6:30PM	14 Weeks	\$290	\$260
U16-U18	2004-2002	Tuesday	6:30PM	14 Weeks	\$290	\$260

- **Early Bird Discount:** Must register before midnight of March 6, 2020 to receive \$30 discount!
- **Special Request Deadline:** Must register and submit request to [HLrequests@bramsunited.ca](mailto:HLrequests@bramsunited.ca) before midnight of April 1, 2020
- **Please note:** Age Divisions may fill up prior to season start. Waitlisted players are not guaranteed a spot in the program until contacted by the Club. Brams United Girls Soccer Club reserves the right to change times and/or days of play and/or combine age groups, if necessary. **Games will kick-off earlier in August due to day-light savings.**
- **Cancelled Games:** The Club will reschedule on a best effort's basis, but will not be on a regular game night
- **Important Dates:**
  - a) Brams United Summer Summit will be held Saturday May 9, 2020 for all coaches and match officials. Uniforms and rosters will be distributed this date
  - b) U4-U6 Divisions are 10 weeks (June 10, 2020 – August 22, 2020)
  - c) U7-U18 Divisions are 14 weeks (May 18, 2020 – August 22, 2020)
  - d) U13-U18 House League Tournament is over the weekend of June 6-7, 2020
  - e) Photo Day is Saturday June 13, 2020
  - f) U4-U12 Divisions final game will be held on Saturday August 15, 2020





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#### HOUSE LEAGUE PLUS

Formerly known as Mass Practice, House League Plus is designed to provide players the opportunity to receive technical training once a week in addition to their scheduled games. The program is available for **U7-U15** in the Outdoor Recreational season. Training sessions follow Canada Soccer and Ontario Soccer’s Long-Term Player Development model to provide players the best learning environments.

House League Plus players will participate in their scheduled games with a volunteer coach and a training session once a week with a paid and certified technical coach. Training sessions will follow a curriculum developed by the Club’s Technical Director and Technical Staff

<b>DIVISON</b>	<b>BIRTH YEAR</b>	<b>GAME DAY</b>	<b>PRACTICE DAY</b>	<b>TIME</b>	<b>HL + COST</b>	<b>EARLY BIRD DISCOUNT</b> <small>(BEFORE MARCH 18, 2019)</small>
U7	2013	Thursday	Tuesday	6:30PM	\$295	\$265
U8	2012	Thursday	Tuesday	7:30PM	\$295	\$265
U9	2011	Thursday	Wednesday	6:30PM	\$315	\$285
U10	2010	Thursday	Wednesday	6:30PM	\$315	\$285
U11	2009	Tuesday	Wednesday	7:30PM	\$325	\$295
U12	2008	Tuesday	Wednesday	7:30PM	\$325	\$295
U13	2007	Monday	Thursday	6:30PM	\$340	\$310
U14/15	2006/2005	Wednesday	Thursday	7:30PM	\$340	\$310





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#### PROGRAM DETAILS

**U4-U6** - Players will receive one 45-minute session a week. First half of the session will be led by Brams Technical Coaches trained in Ontario Soccer's Active Start program. The players will participate in activities, while having fun and learning with a ball at their feet. The second half of the session will be a 3v3 game.

**U7-U8** - Players will receive one game a week, officiated and facilitated by Game Leaders. Teams will be led by volunteer coaches and will receive 15 minutes to run an activity and review the rules of the game prior to their kick-off.

**U9-U12** - Players will receive one game a week, officiated by Match Officials. Teams will work with their volunteer coaches on sessions and development.

**U13-U18** - Players will receive one game a week, officiated by Match Officials. Teams will be led by volunteer coaches, and all teams will receive a minimum of 3 additional games in the Summer House League tournament hosted on June 6-7, 2020.

#### SPECIAL REQUESTS

Brams United strives to provide the most comfortable soccer experience for players at the youngest age groups, to ensure they look to play soccer for life. Player requests at **U4-U6** will be honoured (roster size 6 players) so players may have their friends join them in the fun! The deadline for Summer player requests is by midnight on **Monday April 1, 2020**. The player must be registered for the request to be accepted. Brams United does not accept requests for a specific coach. House League volunteer Head Coaches may request up to 3 players (includes their child).

**Teams at U7-U18** will be balanced using previous season player ratings to offer a fair and fun season to all players. Brams United is unable to guarantee player requests in these age groups but members may e-mail requests to: [HLrequests@bramsunited.ca](mailto:HLrequests@bramsunited.ca)

#### WANT TO VOLUNTEER AS A COACH?

1. Register on Power Up as a Volunteer by going to [bramsunited.ca](http://bramsunited.ca) and clicking on Register, or when you are completing your player registration for the season.
2. Complete the Respect in Sport Certificate (Mandatory if Coaching Players U7 – U18)
  - a. *The club will reimburse coaches that complete the Respect in Sport Course*
  - b. *Once course is completed submit the certificate and proof of payment to the club*
3. Complete an online Vulnerable Sector Screening.
  - a. *This is required for all coaches 18 years and older and must be updated every 2 years.*
  - b. *Brams United will send each coach a link to complete their screening at no charge to the volunteer.*

Coaches must be at least 14 years of age. Any coach under 18 must always be accompanied by a guardian and must be registered on Power up as a volunteer. No formal soccer or coaching experience is necessary to volunteer to coach House League. The Brams United Girls Soccer club does ask for team participation, positive communication, skill development and fair play from all coaches.