



BRAMS UNITED GIRLS SOCCER CLUB

8950 McLaughlin Road South, Building D
Brampton, ON L6Y 5T1
905-452-8169

COVID-19 – PARENT/GUARDIAN CHECKLIST (PHASE 1)

Before You Leave Home:

- DO NOT leave home if you are feeling unwell or have COVID-19 symptoms (fever, cough, shortness of breath, sore throat)
- DO NOT attend if you have not yet completed the Health Check online (cannot participate until completed)
- Double check for field closures or any cancellations
- Thoroughly wash equipment (water bottles, cleats, ball)
- Thoroughly wash your hands
- Use the washroom before (no bathroom accessible at activities)
- Complete the online health check/contact tracing
- Review field maps for drop-off and pick-up locations
- Ensure personal ball and hand sanitizer is packed (mark ball to easily identify)

Drop-Off and During:

- Participant to enter via drop-off location
- Respect social distance guidelines (including when waiting in designated parking lots)
- Guardians to consider wearing PPE gear when completing drop-off and pick-up
- Participant to apply hand sanitizer on field (not in car)

After Activity/Leaving:

- DO NOT Loiter
- Respect social distance guidelines
- Pick up participant from pick-up location
- Leave facility exit