



BRAMS UNITED SOCCER CLUB

Concussion Protocol

Brams United Soccer Club has a concussion policy in place that includes mandatory concussion education to all members including [Rowan's Law](#). This policy requires specific, time-sensitive action by the Parent/Guardian of the Participant as well as the Coach / Trainer, and therefore it is imperative that all parties understand the concussion protocol. All documents referenced below can be found on the [Brams United Documents & Policies](#) and [Brams United Injury & Concussion Resources](#) webpages.

Concussion Awareness / Rowan's Law

The Ontario Government has enacted Rowan's Law (Concussion Safety), 2018, S.O. 2018, c. 1 ("Act"). Ontario Regulation 161/19, the Act requires all sport organizations as defined in the Regulation ("Sports Organization"), which includes the [club], to have a Concussion Code of Conduct. This Concussion Code of Conduct must require participants, as set out in the Act, to review the Ontario Government's issued Concussion Awareness Resources on an annual basis. A participant is subject to a Concussion Code of Conduct for each Sports Organization that a participant registers with. Brams United Soccer Club Concussion Resources may be found online at: http://www.bramsunited.ca/resources/documents_forms/

I, the Participant and/or the Parent/Guardian of the Participant confirm the following:

Have read and understand the steps and resources found on [Brams United Concussion Resources](#) webpage as outlined below:

- a. Player must be removed from the field of play if a head injury is observed
- b. Concussion Recognition Tool 5 will be used to assess for signs/symptoms/memory
- c. Player will be removed from play if 1 or more signs/symptoms are present and/or 1 or more memory questions are incorrect; player will not return to that practice or game, even if symptoms disappear
- d. Team Official to send in the Player Injury Report Form to: customerservice@bramsunited.ca within 24 hours
- e. Player must get a medical evaluation from a medical doctor/nurse practitioner (use Medical Assessment Letter); player to send in completed medical letter to: customerservice@bramsunited.ca upon completion and await approval from Brams United before player can return to the practice/game
- f. If diagnosed with a concussion, player must rest for the initial 24-48 hours (physical and mental rest)
- g. Follow Return to Sport guidelines