

Rule of Two



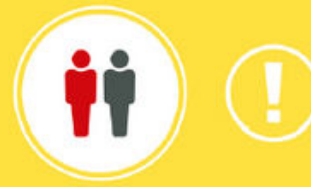
"A leading practice to ensure a safe sport environment for all"



- Two trained and screened coaches
- One participant



- One trained coach
- One screened adult
- One participant



- One coach
- One participant



- One coach
- Two participants

HOW IT WORKS



TEAM WORK

There should be two coaches or a screened parent/volunteer with the coach when interacting with participants



BE SENSIBLE

When choosing coaches or volunteers be considerate of the gender of the participant(s)



OPEN TO PUBLIC

Host trainings in an environment that ensures all situations are kept open, justifiable and observable



PLAN TRANSPORTATION

Ensure that two adults are present when traveling with participants. Follow the club's travel policy



TRANSPARENT COMMUNICATION

All communication should occur in a group and/or include parents/guardians in the thread. Avoid one-to-one messaging



IN VIRTUAL SETTINGS



PARENTAL AWARENESS

Receive consent for virtual sessions and inform parents of ongoing activities



RECORD SESSIONS

Each session should be recorded in a professional setting



WEEKLY DEBRIEFING

Promote regular check-ins with parents, coaches and the participants



BRAMS UNITED SOCCER CLUB

DEVELOPMENT • LEADERSHIP • COMMUNITY

RULE OF TWO POLICY

The following guidelines are mandated to all Team Officials (Coaches, Managers, Trainers, Club Staff, Club Directors). All one-on-one interactions between a team official and a participant, without another individual present, must be avoided. In any one-on-one situation with any player, there must be a Technical Coach, Assistant Coach, Manager, or Trainer of the **same gender** present, or the player's parent/guardian must be present.

CHANGE ROOMS, LOCKER ROOMS, MEETING ROOMS

- There should be no interactions between a team official and the athletes in any where there is an expectation of privacy such as a changing room or area or washroom. These team meetings or interactions may occur outside the changing room.
- A team official must be available outside the changing room or be able to enter if required (medical emergency, etc).
- A second team official (minimum 1 of the same gender) must be present for any necessary interactions in a change room or washroom.

TEAM TRAVEL

- A team official may not be alone in a vehicle with a participant unless the team official is the athlete's parent or guardian.
- Team officials may not share a room or be alone in a hotel room with a participant unless the team official is the athlete's parent or guardian.
- Any room checks completed overnight must be done by two team officials (minimum 1 of the same gender)

PRACTICE/GAMES

- Team officials must not be alone with a participant prior to or after a practice or game unless the official is the athlete's parent or guardian.
- If the participant is the first to arrive, a parent or guardian must stay until another participant or team official arrives.
- If the participant is to potentially be alone with the team official, another participant or team official should stay to avoid the team official being alone with a single participant.

