

PROGRAM DETAILS



As a fully sanctioned soccer Club, Brams United aligns all programs with **Canada Soccer Grassroots Standards**. Participants must wear shin pads and soccer cleats/running shoes. Piercings are prohibited and may not be taped.

Visit our website for full program details include format, program descriptions and more!

*Additional programs to support player development are available such as PLUS and Brams Academy.

**U14+ Community Soccer practice dates and times are at the discretion of the volunteer coach.

Take Your Game to the Next Level With PLUS!

PLUS is designed to provide U6-U13 participants with extra technical training once a week with certified Technical Staff, in addition to their weekly game with their volunteer coach. Participants register individually and participate in weekly sessions with a mix of their friends as well as others within the league (age/stage groups). Throughout this program, each session will focus on enhancing individual skills such as footwork, passing, and attacking and defending skills, using a curriculum.



Division	Birth Year	Day of Week	Kick-Off
Girls/Boys U6/7	2020/2019	Monday	6:00PM
Girls/Boys U8/U9/U10	2018/2017/2016	Monday	7:00PM
Girls/Boys U11/U12/U13	2015/2014/2013	Monday	8:00PM

Practices will take place at:

- Carberry Public School (526 Fernforest Dr, Brampton, ON L6R 0W1)

PLUS Fall Session Dates: Monday, October 6 - December 1, 2025

PLUS Winter Session Dates: Monday, January 12 - March 16, 2026

Exclusion(s): October 13, November 10, February 16, March 16

Make Up Date(s): December 8, December 15, March 23

Revised as of 09/22



*Brams United reserves the right to change times and/or days of play and/or combine age groups and genders, if necessary.
Age Divisions may fill up prior to season start. There is no guarantee of placement on a team if player is waitlisted.*